


SUGGESTED SKILL

 Concept
Understanding

1.A

Define and/or apply
concepts.

TOPIC 8.1

Introduction to Psychological Disorders

LEARNING TARGET

8.A

Recognize the use of the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders (DSM)* published by the American Psychiatric Association as the primary reference for making diagnostic judgments.

8.B

Describe contemporary and historical conceptions of what constitutes psychological disorders.

8.C

Discuss the intersection between psychology and the legal system.

EXAMPLES

8.C.1

Confidentiality


8.C.2

Insanity defense

TOPIC 8.2

Psychological Perspectives and Etiology of Disorders

SUGGESTED SKILL

 *Concept Understanding*

1.C

Apply theories and perspectives in authentic contexts.

LEARNING TARGET

8.D

Evaluate the strengths and limitations of various approaches to explaining psychological disorders.

8.E

Identify the positive and negative consequences of diagnostic labels.

EXAMPLES

8.E.1

The Rosenhan Study



Topic Planning Notes

Use the space below to plan your approach to the topic.

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SUGGESTED SKILL

 *Concept Understanding*

1.B

Explain behavior in authentic context.

TOPIC 8.3

Neurodevelopmental and Schizophrenic Spectrum Disorders

LEARNING TARGET

8.F

Discuss the major diagnostic categories, including neurodevelopmental disorders, neurocognitive disorders, schizophrenia spectrum, and other psychotic disorders, and their corresponding symptoms.



Topic Planning Notes

Use the space below to plan your approach to the topic.

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TOPIC 8.4

Bipolar, Depressive, Anxiety, and Obsessive-Compulsive and Related Disorders

SUGGESTED SKILL

 *Concept Understanding*

1.B

Explain behavior in authentic context.

LEARNING TARGET

8.G

Discuss the major diagnostic categories, including anxiety disorders, bipolar and related disorders, depressive disorders, obsessive-compulsive and related disorders, and their corresponding symptoms.



Topic Planning Notes

Use the space below to plan your approach to the topic.

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SUGGESTED SKILL

 *Concept Understanding*

1.B

Explain behavior in authentic context.

TOPIC 8.5

Trauma- and Stressor-Related, Dissociative, and Somatic Symptom and Related Disorders

LEARNING TARGET

8.H

Discuss the major diagnostic categories, including dissociative disorders, somatic symptom and related disorders, and trauma- and stressor-related disorders and their corresponding symptoms.



Topic Planning Notes

Use the space below to plan your approach to the topic.

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TOPIC 8.6

Feeding and Eating, Substance and Addictive, and Personality Disorders

SUGGESTED SKILL

 *Concept Understanding*

1.B

Explain behavior in authentic context.

LEARNING TARGET

8.1

Discuss the major diagnostic categories, including feeding and eating disorders, personality disorders, and their corresponding symptoms.



Topic Planning Notes

Use the space below to plan your approach to the topic.

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SUGGESTED SKILL

 *Concept Understanding*

1.A

Define and/or apply concepts.

TOPIC 8.7

Introduction to Treatment of Psychological Disorders

LEARNING TARGET

8.J

Describe the central characteristics of psychotherapeutic intervention.

8.K

Identify the contributions of major figures in psychological treatment.

EXAMPLES

8.K.1

Contributions of Aaron Beck, major figure in psychological treatment

8.K.2

Contributions of Albert Ellis, major figure in psychological treatment

8.K.3

Contributions of Sigmund Freud, major figure in psychological treatment

8.K.4

Contributions of Mary Cover Jones, major figure in psychological treatment

8.K.5

Contributions of Carl Rogers, major figure in psychological treatment

8.K.6

Contributions of B. F. Skinner, major figure in psychological treatment


8.K.7

Contributions of Joseph Wolpe, major figure in psychological treatment

TOPIC 8.8

Psychological Perspectives and Treatment of Disorders

SUGGESTED SKILL

 *Concept Understanding*

1.C

Apply theories and perspectives in authentic contexts.

LEARNING TARGET

8.L

Describe major treatment orientations used in therapy and how those orientations influence therapeutic planning.

8.M

Summarize effectiveness of specific treatments used to address specific problems.

8.N

Discuss how cultural and ethnic context influence choice and success of treatment (e.g., factors that lead to premature termination of treatment).

8.O

Describe prevention strategies that build resilience and promote competence.

EXAMPLES

8.L.1

Treatment orientation: behavioral

8.L.2

Treatment orientation: cognitive

8.L.3

Treatment orientation: humanistic

8.L.4

Treatment orientation: psychodynamic

8.L.5

Treatment orientation: cognitive-behavioral

8.L.6

Treatment orientation: sociocultural

SUGGESTED SKILL

 Scientific Investigation

3 Analyze psychological research studies.

TOPIC 8.9

Treatment of Disorders from the Biological Perspective

LEARNING TARGET

8.P

Summarize effectiveness of specific treatments used to address specific problems from a biological perspective.



Topic Planning Notes

Use the space below to plan your approach to the topic.

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TOPIC 8.10

Evaluating Strengths, Weaknesses, and Empirical Support for Treatments of Disorders

SUGGESTED SKILL

 *Scientific Investigation*

3

Analyze psychological research studies.

LEARNING TARGET

8.Q

Compare and contrast different treatment methods.

EXAMPLES

8.Q.1

Individual

8.Q.2

Group

8.Q.3

Rational-emotive method

8.Q.4

Psychoanalytic/psychodynamic method

8.Q.5

Client-centered method

8.Q.6

Cognitive method

8.Q.7

Behavioral method

8.Q.8

Sociocultural method

8.Q.9

Biopsychosocial method

8.Q.10

Cognitive-behavioral method